

Dizziness: Assessment & Management



Timetable – Perth, Feb 2025

Dizziness: Assessment & Management



DAY ONE – Thurs 6 Feb 25

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|-----------------------|---|
| Part 1 (8.30-8.45am) | Introduction |
| Part 2 (8.45-10am) | Vestibular anatomy |
| Part 3 (10-11am) | Vestibular physiology |
| 11-11.30am | Morning break |
| Part 4 (11.30am-12pm) | Dizziness manifestations, classification & differential diagnosis |
| Part 5 (12-1pm) | Vestibular pathophysiology |
| 1-2pm | Lunch break |
| Part 6 (2-3pm) | Peripheral vestibulopathy |
| Part 7 (3-4pm) | BPPV |

Dizziness: Assessment & Management



DAY TWO – Fri 7 Feb 2025

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|------------------------|---|
| Part 8 (9-9.45am) | Audiology for vestibular physiotherapists |
| Part 9 (9.45-10.30am) | Central pathologies: <i>Acute vestibular syndromes</i> |
| Part 10 (10.30-11am) | Meniere's disease |
| 11-11.30am | Morning break |
| Part 11 (11.30am-12pm) | Rare peripheral disorders: <i>Vestibular paroxysmia & Third window syndromes</i> |
| Part 12 (12-1pm) | Central pathologies: <i>Vestibular migraine, Mal de Debarquement & PPPD</i> |
| 1-2pm | Lunch break |
| Part 13 (2-3pm) | Non-vestibular dizziness: <i>Fits, faints & funny turns</i> |
| Part 14 (3-4pm) | Non-vestibular dizziness: <i>Psychosocial factors & psychologically informed care</i> |
| 4-4.30pm | Afternoon break |
| Part 15 (4.30-5pm) | The cervical spine & dizziness |

Dizziness: Assessment & Management



DAY THREE – Sat 8 Feb 2025

Part 16 (9-10am)

History

Part 17 (10-11am)

Physical examination

11-11.30am

Morning break

Part 18 (11.30-1pm)

Physical examination practical

1-2pm

Lunch break

Part 19 (2- 3pm)

Treatment: BPPV

Part 20 (3-4pm)

Treatment practical (BPPV)

4-4.30pm

Afternoon break

Part 21 (4.30-5.30pm)

Case studies: Positional vertigo

Dizziness: Assessment & Management



DAY FOUR – Sun 9 Feb 2025

Part 22 (9-10am)

Treatment: Vestibulopathy

Part 23 (10-11am)

Treatment practical (vestibular rehabilitation)

11-11.30am

Morning break

Part 24 (11.30am-12pm)

Case study: Acute vestibular syndrome

Part 25 (12-1pm)

Treatment: Meniere's & Vestibular Migraine

1-2pm

Lunch break

Part 26 (2-2.45pm)

Treatment: Orthostatic intolerance

Part 27 (2.45-3.30pm)

Case study: Persistent dizziness

Conclusion